

AIM

PRIMARY DRIVERS

SECONDARY DRIVERS

CHANGE IDEAS

All citizens have the opportunity to live a good and meaningful life.

1. Equality and destigmatization

- 1. A long-term effort for destigmatization with a national knowledge center, ambassador corps and action plan
- 2. Dissemination of preventive measures in relation to known risk factors for somatic disease targeted at people with mental disorders
- 3. Strengthened investigation and treatment of somatic disease among people with mental disorders
- 4. A national action plan for suicide prevention and suicide attempts

2. Knowledge, development and strong professional environments

- 5. Implementation of 'National research strategy for the benefit of people with mental illness' and enhanced registration and use of data
- 6. Building interdisciplinary groups to support professional development and quality work

3. Mental health promotion

- 7. Mental health promotion is strengthened in maternity care, day care and schools
- 8. Information efforts on mental health in the population and targeted workplaces
- 9. Systematic efforts to promote mental health for people with mental illness in hospitals and in social psychiatry

4. Children and Adolescents

- 10. Early detection of children and adolescents with mental dissatisfaction and mental disorders
- 11. Building an easily accessible offer in the municipalities for children and young people with mental dissatisfaction of uniformly high quality
- 12. Increased quality of treatment for children and young people with severe mental disorders through interdisciplinary, outgoing functions and course descriptions
- 13. Establishment or expansion of existing specialized social services for children and young people with severe mental illness

5. Early intervention for adults

- 14. Building an easily accessible offer in the municipalities of uniformly high quality for young people and adults in mental dissatisfaction
- 15. Systematic and targeted detection of people with mental disorders in general practice and municipalities

6. Investigation and treatment

- 16. Easy and quick access to acute psychiatric services for people with acute or acute exacerbation of mental illness and strengthening of the outgoing acute functions
- 17. Preparation and systematic implementation of new specialist guidance must raise the quality of the most seriously ill and most complex patients in the psychiatric hospital system
- 18. Better organization of the specialized treatment for the most seriously ill through the development of differentiated and specialized beds
- 19. National commitment and high quality in digital solutions and offers for people with mental illness
- 20. Development and implementation of national course descriptions must raise the quality of the overall effort
- 21. Dissemination of outgoing specialized, interdisciplinary functions for people with severe mental illness
- 22. Ambitious objectives for reducing coercion and strengthening efforts for quality and prevention of coercion through national knowledge center and travel team
- 23. A quality boost in the efforts for people with mental illness and at the same time abuse through a comprehensive and integrated treatment offer
- 24. Building an easily accessible, evidence-based treatment offer for adults with mild to moderate mental disorders
- 25. Strengthened support and involvement of relatives of people with mental illness

7. Forensic Psychiatry

- 26. A review is made of the legislation governing forensic psychiatry, including the provisions of the Penal Code
- 27. Strengthened professional framework for the efforts of forensic psychiatric patients with a view to proper visitation for treatment

8. Social psychiatry

- 28. Building and reorganizing the capacity of social psychiatry so that there are adequate and accessible knowledge-based services, while at the same time spreading flexible services that meet the varying needs of people with mental disorders
- 29. The quality of case processing in the adult area is strengthened so that people with mental illnesses receive the social offer that best helps them to recover
- 30. A review of the adult provisions of the Service Act is initiated in relation to whether they effectively support people with mental illness in recovering
- 31. A broad and consistent quality boost of all social psychiatry through a national development strategy
- 32. A broad increase in the education and competence of social psychiatry and a strengthened recruitment
- 34. Development and dissemination of outreach street planning work for people with the most severe mental disorders and complex social problems

9. Coherence

- 35. Establishment of a strong co-operation between the authorities, which supports a coherent effort for people with mental illness
- 36. Strengthened coordination of the overall process for people with mental illness with permanent contacts and coordinators in all sectors
- 37. Better digital support for coherent processes for citizens